SOLANA Live here Live well.

Sample Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 11am Cardio Circuit 1pm Uplift Support Group 3pm Mahjong 5pm Community Competition - Karaoke Night 7pm Monday Movie Night	2 1pm Create - Macramé Wall Decor 3pm - Bridge 4pm Tech Talk - Resident Portal 6pm Tuesday Trivia	3 9am Breakfast Bites 11am Aqua Aerobics 1pm Green Thumb Gardening Group 5pm Happy Hour	4 11am Yoga 1pm Fluency Foreign Language 5pm 'Yappy' Hour for Pups 7pm Poker Night	5 11am Chronicle Writing Club 1pm Feature Film 3pm Monthly Calendar Chat	6 9am Sunrise Stride 5pm Offsite Supper Club
7 11am Spiritual Study Sessions 1pm Green Thumb Gardening Group 5pm Community Potluck	8 11am Cardio Circuit 1pm Uplift Support Group 3pm Mahjong 5pm Community Competition - Jeopardy 7pm Monday Movie Night	9 1pm Create - Resin Coaster Making 3pm - Bridge 4pm Tech Talk - iPhone iOS Tips 6pm Tuesday Trivia	10 9am Breakfast Bites 11am Aqua Aerobics 1pm Green Thumb Gardening Group 5pm Happy Hour	11 11am Yoga 1pm Fluency Foreign Language 3pm Speaker Series - Fire Safety 7pm Poker Night	12 11am Novel Notions Book Club 1pm Feature Film 3pm New Resident Orientation	13 9am Sunrise Stride 11am Local Outing 5pm Offsite Supper Club
14 11am Spiritual Study Sessions 1pm Green Thumb Gardening Group 5pm Community Potluck	15 11am Cardio Circuit 1pm Uplift Support Group 3pm Mahjong 6pm Monday Mixology - Espresso Martinis 7pm Monday Movie Night	16 1pm Create - Floral Arrangement 3pm - Bridge 4pm Tech Talk - Canva 6pm Tuesday Trivia	17 9am Breakfast Bites 11am Aqua Aerobics 1pm Green Thumb Gardening Group 5pm Happy Hour	18 11am Yoga 1pm Fluency Foreign Language 3pm Backpack Stuffing - School Supply Donation Drive 5pm 'Yappy' Hour for Pups 7pm Poker Night	19 11am Chronicle Writing Club 1pm Feature Film 3pm Manager Mingle	20 9am Sunrise Stride 5pm Offsite Supper Club
21 11am Spiritual Study Sessions 1pm Green Thumb Gardening Group 5pm Community Potluck	22 11am Cardio Circuit 1pm Uplift Support Group 3pm Mahjong 5pm Community Competition - Deal or No Deal 7pm Monday Movie Night	23 1pm Create - Poured Paint Canvases 3pm - Bridge 4pm Tech Talk - FB Marketplace 6pm Tuesday Trivia	24 9am Breakfast Bites 11am Aqua Aerobics 1pm Green Thumb Gardening Group 5pm Community Block Party	25 11am Yoga 1pm Fluency Foreign Language 3pm Speaker Series - Travel Planning 7pm Poker Night	26 11am Novel Notions Book Club 1pm Feature Film 3pm Maintenance 101	27 9am Sunrise Stride 11am Local Outing 5pm Offsite Supper Club
28 11am Spiritual Study Sessions 1pm Green Thumb Gardening Group 5pm Community Potluck	29 7pm Monday Movie Night 11am Cardio Circuit 1pm Uplift Support Group 3pm Mahjong 5pm Community Competition - Family Feud 7pm Monday Movie Night	30 1pm Month-End Pop-Up Market 6pm Tuesday Trivia	31 9am Breakfast Bites 11am Aqua Aerobics 1pm Green Thumb Gardening Group 5pm Happy Hour			

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