

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

						<p>9:00 Breakfast [GR] 1</p> <p>10:00 Cardio Strength [YR]</p> <p>11:00 Cards [GR]</p> <p>11:45 Toning & Balance [YR]</p> <p>1:00 DIY Derby Hat Craft w/Heather [CAR]</p> <p>5:00 Movie & Popcorn [T]</p> <p>6:00 Cards [GR]</p> <p>7:00 Co-ed Poker [CR]</p>	<p>9:30 Good Morning 2</p> <p>Sunshine Walk Group</p> <p>11:00 Toning & POUND [YR]</p> <p>11:00 Cards [GR]</p> <p>3:00 Rummikub [GR]</p> <p>4:00 Derby Watch Party Potluck</p> <p>6:30 Game Night Bring Your Own Game [GR]</p>
<p>10:15 Resident Led Catholic 3</p> <p>Communion Service Our Lady of Fatima RSVP [SL]</p> <p>10:30 Resident Led Church Service Steamboat Christian Center [T]</p> <p>1:00 Private Game Poker Room</p> <p>1:30 Card Games [GR]</p> <p>5-6 Sunday Socialization [EC]</p> <p>6:30 Game Night [GR]</p>	<p>11:00 Sit 2 Fit [YR] 4</p> <p>11:00 Knitting, Crochet & Needle Art Group [SL]</p> <p>11:00 Card Games [GR]</p> <p>12:00 Balance & Breathe [YR]</p> <p>1:00 Bridge [GR]</p> <p>4:00 Charity Bingo [GR]</p> <p>4:00 Bocce [EC]</p> <p>7:00 Pinochle [GR]</p>	<p>9:30 Good Morning 5</p> <p>Sunshine Walk Group</p> <p>10:30 Open Art Studio [CAR]</p> <p>11:30 Curiosity U [T]</p> <p>2:00 Arthritis & Stretch [YR]</p> <p>3:30 Cinco de Mayo- Margaritas & Taco party</p> <p>4:00 Corn Hole [EC]</p>	<p>9:00 Cardio Fusion 6</p> <p>10:00 Stretch & Balance</p> <p>11:00 Card Games [GR]</p> <p>1:00 Solana Yoga</p> <p>2:00 Knitting, Crochet & Needle Art Group [SL]</p> <p>3:30 Happy Hour Birthday Cake Celebration</p> <p>5:00 Classic Film [T]</p> <p>6:00 Cards [GR]</p> <p>6:30 Ladies Poker [CR]</p>	<p>11:00 Massage w/ Sharon schedule 904-210-7183 7</p> <p>10:00 Cards/Mahjong [GR]</p> <p>12:00 Loom Knitting [CAR]</p> <p>1:00 Tech Talk- Presentation [GR]</p> <p>12:15 Toning & Stretch</p> <p>1:00 Tai Chi [YR]</p> <p>1:30 Open Art Studio [CAR]</p> <p>6:30 Game Night [GR]</p>	<p>10:00 Cardio Strength 8</p> <p>10:30 Mother's Day Brunch [GR]</p> <p>11:00 Cards [GR]</p> <p>11:45 Toning & Balance [YR]</p> <p>1:00 Happy Crafters- Flower Lights- \$5</p> <p>5:00 Movie & Popcorn</p> <p>6:00 Private Event [GR]</p> <p>7:00 Co-ed Poker [CR]</p>	<p>9:30 Good Morning 9</p> <p>Sunshine Walk Group</p> <p>11:00 Toning & Stretch [YR]</p> <p>11:00 Cards [GR]</p> <p>1:00 Rummikub [GR]</p> <p>6:30 Game Night Bring Your Own Game [GR]</p> <p>6:30 Texas Hold Em [GR]</p>	
<p>10:15 Resident Led Catholic 10</p> <p>Communion Service Our Lady of Fatima RSVP [SL]</p> <p>10:30 Resident Led Church Service Steamboat Christian Center [T]</p> <p>1:00 Private Game Poker Room</p> <p>1:30 Card Games [GR]</p> <p>5-6 Sunday Socialization [EC]</p> <p>6:30 Game Night [GR]</p>	<p>10:00 30 Min Chair Yoga 11</p> <p>[YR]</p> <p>11:00 Sit 2 Fit [YR]</p> <p>11:00 Card Games [GR]</p> <p>12:00 Balance & Breathe [YR]</p> <p>1:00 Bridge [GR]</p> <p>4:00 Charity Bingo [GR]</p> <p>4:00 Bocce [EC]</p> <p>7:00 Pinochle [GR]</p>	<p>9:30 Good Morning 12</p> <p>Sunshine Walk Group</p> <p>10:00 Book Club</p> <p>10:30 Open Art Studio [CAR]</p> <p>11:00 Card Games [GR]</p> <p>11:30 Curiosity U</p> <p>2:00 Arthritis & Stretch [YR]</p> <p>3:00 Story Songs with Roz [LR]</p> <p>4:00 Corn Hole [EC]</p> <p>5:00 Solana Singers [YR]</p> <p>7:00 Men's Poker [CR]</p>	<p>9:00 Cardio Fusion 13</p> <p>10:00 Stretch & Balance</p> <p>11:00 Card Games [GR]</p> <p>1:00 Solana Yoga</p> <p>2:00 Knitting, Crochet & Needle Art Group [SL]</p> <p>3:30 Happy Hour Charcuterie Cups w/ ArchWell Health</p> <p>5:00 Classic Film [T]</p> <p>6:00 Cards</p> <p>6:30 Ladies Poker [CR]</p>	<p>11:00 Massage w/ Sharon schedule 904-210-7183 14</p> <p>10:00 Cards/Mahjong [GR]</p> <p>12:00 Loom Knitting [CAR]</p> <p>12:15 Toning & Stretch</p> <p>1:00 Tai Chi [YR]</p> <p>1:30 Open Art Studio [CAR]</p> <p>4:00 Bar Trivia [GR]</p> <p>6:30 Game Night [GR]</p>	<p>9:00 Breakfast [GR] 15</p> <p>10:00 Cardio Strength [YR]</p> <p>11:00 Cards [GR]</p> <p>11:00 Quilting Group</p> <p>11:45 Toning & Balance [YR]</p> <p>12:00 Newsletter Club</p> <p>1:00 Plant Your Roots-DIY Herb Pots w/ Heather [CAR]</p> <p>5:30 Movie & Spirituality POTLUCK </p> <p>7:00 Co-ed Poker [GR]</p>	<p>9:30 Good Morning 16</p> <p>Sunshine Walk Group</p> <p>11:00 Toning & POUND [YR]</p> <p>11:00 Cards [GR]</p> <p>3:00 Rummikub [GR]</p> <p>6:30 Game Night Bring Your Own Game [GR]</p>	

SOLANA

Live here
Live well.

MAY 2026

SUNDAY

MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

<p>10:15 Resident Led Catholic Communion Service Our Lady of Fatima RSVP [SL] 17</p> <p>10:30 Resident Led Church Service Steamboat Christian Center [T]</p> <p>1:00 Private Game Poker Room</p> <p>1:30 Card Games [GR]</p> <p>5-6 Sunday Socialization [EC]</p> <p>6:30 Game Night [GR]</p>	<p>10:00 30 Min Chair Yoga [YR] 18</p> <p>11:00 Sit 2 Fit [YR]</p> <p>11:00 Card Games [GR]</p> <p>12:00 Balance & Breathe [YR]</p> <p>1:00 Bridge [GR]</p> <p>4:00 Charity Bingo [GR]</p> <p>4:00 Bocce [EC]</p> <p>7:00 Pinochle [GR]</p>	<p>9:30 Good Morning Sunshine Walk Group 19</p> <p>10:30 Open Art Studio [CAR]</p> <p>11:00 Card Games [GR]</p> <p>11:30 Curiosity U [T]</p> <p>2:00 Arthritis & Stretch [YR]</p> <p>4:00 Corn Hole [EC]</p> <p>7:00 Card Games [GR]</p> <p>7:00 Men's Poker [CR]</p>	<p>9:00 Cardio Fusion 20</p> <p>10:00 Stretch & Balance</p> <p>11:00 Card Games</p> <p>1:00 Solana Yoga</p> <p>2:00 Knitting, Crochet & Needle Art Group [SL]</p> <p>3:30 Happy Hour Sponsored by Courtyard by Lakewood [GR]</p> <p>6:00 Cards</p> <p>6:30 Ladies Poker [CR]</p>	<p>11:00 Massage w/ Sharon schedule 904-210-7183 21</p> <p>10:00 Cards/Mahjong [GR]</p> <p>12:00 Loom Knitting [CAR]</p> <p>12:15 Toning & Stretch</p> <p>1:00 Tai Chi [YR]</p> <p>1:30 Open Art Studio [CAR]</p> <p>4:00 Bar Trivia GR</p> <p>6:30 Game Night [GR]</p>	<p>9:00 Breakfast 22</p> <p>10:00 Cardio Strength [YR]</p> <p>11:00 Cards [GR]</p> <p>11:45 Toning & Balance [YR]</p> <p>3:00 Memorial Day BBQ</p> <p>5:00 Movie & Popcorn [T]</p> <p>6:00 Cards [GR]</p> <p>7:00 Co-ed Poker [CR]</p>	<p>9:30 Good Morning Sunshine Walk Group 23</p> <p>11:00 Toning & stretch [YR]</p> <p>3:00 Rummikub [GR]</p> <p>6:30 Game Night Bring Your Own Game [GR]</p> <p>6:30 Texas Hold Em [GR]</p>
<p>10:15 Resident Led Catholic Communion Service Our Lady of Fatima RSVP [SL] 24</p> <p>10:30 Resident Led Church Service Steamboat Christian Center [T]</p> <p>1:00 Private Game Poker Room</p> <p>1:30 Card Games [GR]</p> <p>5-6 Sunday Socialization [EC]</p> <p>6:30 Game Night [GR]</p>	<p>10:00 30 Min Chair Yoga [YR] 25</p> <p>11:00 Sit 2 Fit [YR]</p> <p>11:00 Card Games [GR]</p> <p>12:00 Balance & Breathe [YR]</p> <p>1:00 Bridge [GR]</p> <p>4:00 Charity Bingo [GR]</p> <p>4:00 Bocce [EC]</p> <p>7:00 Pinochle [GR]</p>	<p>9:30 Good Morning Sunshine Walk Group 26</p> <p>10:30 Open Art Studio [CAR]</p> <p>11:00 Card Games [GR]</p> <p>11:30 Curiosity U [T]</p> <p>2:00 Arthritis & Stretch [YR]</p> <p>4:00 Corn Hole [EC]</p> <p>5:00 Solana Singers [YR]</p> <p>7:00 Card Games [GR]</p> <p>7:00 Men's Poker [CR]</p>	<p>9:00 Cardio Fusion 27</p> <p>10:00 Stretch & Balance</p> <p>11:00 Card Games</p> <p>1:00 Solana Yoga</p> <p>2:00 Knitting, Crochet & Needle Art Group [SL]</p> <p>3:30 Happy Hour</p> <p>5:00 Classic Film [T]</p> <p>6:00 Cards</p> <p>6:30 Ladies Poker [CR]</p>	<p>11:00 Massage w/ Sharon schedule 904-210-7183 28</p> <p>10:00 Cards/Mahjong [GR]</p> <p>12:00 Loom Knitting [CAR]</p> <p>1:00 Tai Chi [YR]</p> <p>1:30 Open Art Studio [CAR]</p> <p>4:00 Bar Trivia Sponsored by ArchWell [GR]</p> <p>6:30 Game Night [GR]</p>	<p>9:00 Breakfast 29</p> <p>10:00 Cardio Strength [YR]</p> <p>11:00 Cards [GR]</p> <p>11:45 Toning & Balance [YR]</p> <p>5:00 Movie & Popcorn [T]</p> <p>6:00 Cards [GR]</p> <p>7:00 Co-ed Poker [CR]</p>	<p>9:30 Good Morning Sunshine Walk Group 30</p> <p>11:00 Toning & stretch [YR]</p> <p>3:00 Rummikub [GR]</p> <p>6:30 Game Night Bring Your Own Game [GR]</p> <p>6:30 Texas Hold Em [GR]</p>
<p>10:15 Resident Led Catholic Communion Service Our Lady of Fatima RSVP [SL] 31</p> <p>10:30 Resident Led Church Service Steamboat Christian Center [T]</p> <p>1:00 Private Game Poker Room</p> <p>1:30 Card Games [GR]</p> <p>5-6 Sunday Socialization [EC]</p> <p>6:30 Game Night [GR]</p>					<p>Location Key</p> <ul style="list-style-type: none">  Resident Led  Team Led  Vendor Led 	<ul style="list-style-type: none"> Club Room CR Creative Arts Room CAR East Courtyard EC Great Room GR Grill Area G Living Room LR Pool Courtyard P Sky Lounge SL Theater T Yoga Room YR